

Megan L. Robbins, Ph.D. – Curriculum Vitae

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EDUCATION

- 2007 to 2012 The University of Arizona
Ph.D.; Major: Social Psychology; Minor: Family and Consumer
Sciences; Dissertation: *A Social Interaction Analysis of the Daily
Conversations of Couples Coping with Breast Cancer*
- 2002 to 2005 The University of Texas, Austin
B.A.; High Honors with Departmental Distinction; Major: Psychology;
Minor: Spanish

PROFESSIONAL POSITIONS

- 2020 to present Associate Professor at the Department of Psychology, The University
of California, Riverside
- 2013 to 2020 Assistant Professor at the Department of Psychology, The University
of California, Riverside
- 2012 to 2013 Postdoctoral Research Associate at the Department of Psychology,
The University of Arizona; Supervisor: Dr. Matthias R. Mehl; NIH
Grant 7R01AT007297-02 (PI: Dr. Charles L. Raison)
- 2007 to 2012 Graduate Research Assistant at the Department of Psychology, The
University of Arizona; Supervisor: Dr. Matthias R. Mehl
- 2006 to 2007 Research Coordinator at the Department of Psychology and Social
Behavior, The University of California, Irvine; Supervisor: Dr. Sally
S. Dickerson
- 2004 to 2005 Undergraduate Research Assistant at the Department of Psychology,
The University of Texas at Austin; Honors Thesis: *Expressive writing
about different traumatic events*; Mentor: Dr. James W. Pennebaker

HONORS AND AWARDS

- 2024 Academic Senate Omnibus Travel Award (\$600)
- 2023 Academic Senate Committee on Research Grant (\$5000)
- 2022 Academic Senate Omnibus Travel Award (\$900)
- 2021 Academic Senate Omnibus Travel Award (\$900)
- 2018 Academic Senate Omnibus Travel Award (\$950)
- 2017 Academic Senate Omnibus Travel Award (\$1000)
- 2012 NIH scholarship to attend the mHealth Training Institute at the 2012 mHealth Summit, Washington D.C. (competitive, merit-based scholarship)
- 2012 Graduate and Professional Student Council Student Travel Award (\$500)
- 2011 University of Arizona Student Showcase Winner, 1st place (\$200)
- 2009 Accepted and participated in the Summer Institute for Social Psychology at Northwestern University
- 2008 University of Arizona Student Showcase Winner, 1st place (\$200)
- 2005 Undergraduate Research Fellowship and the University of Texas at Austin (\$1,000)

PEER REVIEWED PUBLICATIONS

(*graduate student author; ^undergraduate student author)

*Spahr, C. M., & **Robbins, M. L.** (2025). Spill the tea, honey: Gossiping predicts well-being in same- and different-gender couples. *Journal of Social and Personal Relationships*. DOI: 10.1177/02654075251375147

Abell, D. B., Myers, E. J., Whan, B. A., Hegwood, C. M., Sullivan, M. M., **Robbins, M. L.**, & Minor, K. S. (2025). Real-world conversations across the schizophrenia-spectrum: Implementing passive sensing to examine linguistic style matching. *Journal of Psychopathology and Clinical Science*. Advance online publication. DOI: 10.1037/abn0000998

*Spahr, C. M., *Martinez, M. A., *Jonnalagadda, P., & **Robbins, M. L.** (in press). Mobile sensing and observational ambulatory assessment technologies. In *Oxford Research Encyclopedia of Global Public Health*. New York: Oxford University Press. [note: this entry was peer reviewed]

Tidwell, C., Danvers, A. F., Pfeifer, V. A., Abel, D. B., Alisic, E., Beer, A., Bierstetel, S., Bollich-Ziegler, B., Bruni, M., Calabrese, W. R., Chiarello, C., Demiray, B., Dimidjian, S., Fingerman, K., Haas, M., Kim, Y., Knezevic, G., Lazarevic, L., Luo, M. L., Macbeth, A., ...**Robbins, M. L.** ...Mehl, M. R. (2025). Are women really (not) more talkative than men? A registered replication of binary

- gender similarities/differences in daily word use. *Journal of Personality and Social Psychology*. DOI: 10.1037/pspp0000534
- ^Hague, K., *Martinez, M. A., & **Robbins, M. L.** (2024). Qualitative analysis of naturalistically observed conversations among same- and different-gender couples coping with breast cancer. *Personal Relationships*, *31*, 758-775. DOI: 10.1111/per.12558
- Robbins, M. L.**, *Spahr, C. M., Karan, A. (2024). Re-evaluating the honing framework: Naturalistic observation of same- and different-gender couples' conversations. *Personal Relationships*, *31*, 156-174. DOI: 10.1111/per.12533
- Robbins, M. L.**, *Jonnalagadda, P., & *Spahr, C. M. (2024). Rebalancing social & personality psychology methods: The case for naturalistic observation. *Social and Personality Psychology Compass*, *18*, e12917. DOI: 10.1111/spc3.12917
- Kaplan, D., Tidwell, C., Chung, J., Alisic, E., Demiray, B., Bruni, M., Evora, S., Gajewski-Nemes, J., Macbeth, A., Mangelsdorf, S., Mascaro, J., Minor, K., Noga, R., Nugent, N., Polsinelli, A., Rentscher, K., Resnikoff, A., **Robbins, M. L.**, Slatcher, R., Tejada-Padron, A., Mehl, M. R. (2023). Diversity, equity and inclusivity in observational ambulatory assessment: Recommendations from two decades of Electronically Activated Recorder (EAR) research. *Behavior Research Methods*, *56*, 3207-3225. DOI: 10.3758/s13428-023-02293-0
- Kaplan, D. M., Mehl, M. R., Pace, T. W. W., Negi, L. T., Ozawa-de Silva, B., Lavelle, B. D., Sivilli, T., Williams, A., Comstock, T., Price, B., Medrano, V., **Robbins, M. L.**, Cole, S. P., & Raison, C. L. (2022). Implications of a “null” randomized controlled trial of mindfulness and compassion interventions in healthy adults. *Mindfulness*, *13*(5), 1197-1213. DOI: 10.1007/s12671-022-01861-3
- Macbeth, A., Bruni, M. R., De La Cruz, B., Erens, J. A., Atagi, N., **Robbins, M. L.**, Chiarello, C., & Montag, J. L. (2022). Using the Electronically Activated Recorder (EAR) to capture the day-to-day linguistic experiences of young adults. *Collabra: Psychology*, *8*, 1-26. DOI: 10.1525/collabra.36310
- Minor, K. S., Marggraf, M. P., Davis, B. J., Mickens, J. L., Abel, D. B., **Robbins, M. L.**, Buck, K. D., Wiehe, S. E., & Lysaker, P. H. (2022). Personalizing interventions using real-world interactions: Improving symptoms and social functioning in schizophrenia with tailored metacognitive therapy. *Journal of Consulting and Clinical Psychology*, *90*, 18-28. DOI: 10.1037/ccp0000672
- Robbins, M. L.**, Karan, A., & Randall, A. K. (2021). Initial examination of social compensation and honing frameworks for sexual minority social life and well-being. *Journal of Social and Personal Relationships*, *38*, 301-321. DOI: 10.1177/0265407520961840

- Danvers, A. F., Milek, A., Tackman, A. M., Kaplan, D. M., **Robbins, M. L.**, Poslinelli, A., Moseley, S., Raison, C. L., Sbarra, D., & Mehl, M. R. (2021). Is frequent sighing an indicator of dispositional negative emotionality? A multi-sample, multi-measure naturalistic-observation study, *Journal of Research in Personality*, *90*, 1-10. DOI: 10.1016/j.jrp.2020.104046
- *Wright, R. C., Junghaenel, D. U., *Rivas, R., Hristidis, V., & **Robbins, M. L.** (2021). A new approach to capturing pain disclosure in daily life in-person and online. *Journal of Health Psychology*, *26*, 2577-2591. DOI: 10.1177/1359105320918322
- Minor, K. S., *Hardin, K. L., *Beaudette, D. M., *Waters, L. C., *White, A. L., *Gonzenbach, V., & **Robbins, M. L.** (2020). Social functioning in schizotypy: How affect influences social behavior in daily life. *Journal of Clinical Psychology*, *76*, 2212-2221. DOI: 10.1002/jclp.23010
- *Sillars, A. A., *Nicolaidis, C., *Karan, A., *Wright, R. C., **Robbins, M. L.**, & Davis, E. L. (2020). Gender differences in the associations of reappraisal and humor styles. *HUMOR: International Journal of Humor Research*, *33*, 317-340. DOI: 10.1515/humor-2019-0016
- Robbins, M. L.**, *Karan, A. (2020). Who gossips and how in everyday life? *Social Psychological and Personality Science*, *11*, 185-195. DOI: 10.1177/1948550619837000
- *McCoy, T., & **Robbins, M. L.** (2019). Too (psychologically) close for comfort? A comparison of verbal immediacy among adult children of alcoholics (ACOAs) and non-ACOAs. *Substance Use and Misuse*. Advance online publication. DOI: 10.1080/10826084.2018.1560470
- Robbins, M. L.**, *Wright, R. C., López, A. M., & Weihs, K. (2019). Interpersonal positive reframing in the daily lives of couples coping with breast cancer. *Journal of Psychosocial Oncology*, *37*, 160-177. DOI: 10.1080/07347332.2018.1555198
- *Luo, M., **Robbins, M. L.**, Martin, M., Demiray, B. (2019). Real-life language use across different interlocutors: A naturalistic observation study of adults varying in age. *Frontiers in Psychology, section Language Sciences*, *10*, 1-11. DOI: 10.3389/fpsyg.2019.01412
- *Karan, A., Rosenthal, R., & **Robbins, M. L.** (2018). Meta-analytic evidence that we-talk predicts relationship and personal functioning in romantic couples. *Journal of Social and Personal Relationships*, *36*, 2624-2651. DOI: 10.1177/0265407518795336
- *German, K., Sweeny, K., & **Robbins, M. L.** (2018). Investigating the role of the faculty advisor in doctoral students' career trajectories. *Professional Development in Education*, *45*, 762-773. DOI: 10.1080/19415257.2018.1511454
- Robbins, M. L.**, *Karan, A., Lopez, A. M., & Weihs, K. L. (2018). Naturalistically observing non-cancer conversations among couples coping with breast cancer. *Psycho-Oncology*, *27*, 2206-2213. DOI: 10.1002/pon.4797

- Minor, K.S., *Davis, B.J., *Marggraf, M.P., *Luther, L., **Robbins, M.L.** (2018). Words matter: Implementing the Electronically Activated Recorder in schizotypy. *Personality Disorders: Theory, Research, and Treatment*, *9*, 133-143. DOI: 10.1037/per0000266
- Robbins, M. L.** (2017). Practical suggestions for legal and ethical concerns with social environment sampling methods. *Social Psychological and Personality Science*, *8*, 573-580. DOI: 10.1177/1948550617699253.
- Manson, J. H., & **Robbins, M. L.** (2017). New evaluation of the Electronically Activated Recorder (EAR): Obtrusiveness, compliance, and participant self-selection effects. *Frontiers in Psychology*, *8*, 1-18. DOI:10.3389/fpsyg.2017.00658.
- *Karan, A., *Wright, R. C., & **Robbins, M. L.** (2017). Everyday emotion word and personal pronoun use reflects dyadic adjustment among couples coping with breast cancer. *Personal Relationships*, *24*, 36-48. DOI: 10.1111/pere.12165.
- *Nelson, S. K., **Robbins, M. L.**, *Andrews, S. E., & Sweeny, K. (2017). Disrupted transition to parenthood: Gender moderates the association between miscarriage and uncertainty about conception. *Sex Roles: A Journal of Research*, *76*, 380-392. DOI: 10.1007/s11199-015-0564-z.
- Janssen, C. W., Lowry, C. A., Mehl, M. R., Allen, J. B., Kelly, K. L., ... **Robbins, M. L.**, ... Raison, C. L. (2016). Whole body hyperthermia for the treatment of major depressive disorder: A randomized, double-blind, sham-controlled trial. *JAMA Psychiatry*, *73*, 789-795. DOI: 10.1001/jamapsychiatry.2016.1031.
- Alisic, E., *Revathi, N. K., **Robbins, M. L.**, Mehl, M. R. (2016). A comparison of parent and child narratives of children's recovery from trauma. *Journal of Language and Social Psychology* *35*, 224-235. DOI: 10.1177/0261927X15599557.
- Sweeny, K., *Andrews, S. E., *Nelson, S. K., **Robbins, M. L.** (2015). Waiting for a baby: Recollections of navigating uncertainty while trying to conceive. *Social Science & Medicine*, *141*, 123-132. DOI:10.1016/j.socscimed.2015.07.031.
- Robbins, M. L.**, López, A. M., Weihs, K. L., & Mehl, M. R. (2014). Cancer conversations in context: Naturalistic observation of couples coping with breast cancer. *Journal of Family Psychology*, *28*, 380-390. DOI: 10.1037/a0036458.
- Stadler, G., **Robbins, M. L.**, Laurenceau, J. P., Bolger, N. (2013). Longitudinal methods in the health sciences: Four recommendations. *The European Health Psychologist*, *15*, 57-66.
- Robbins, M. L.**, Mehl, M. R., ^Smith, H. L., & Weihs, K. L. (2013). Linguistic indicators of patient, couple, and family adjustment following breast cancer, *Psycho-Oncology*, *22*, 1501-1508. DOI: 10.1002/pon.3161.
- Mehl, M. R., **Robbins, M. L.**, & Holleran, S. E. (2012). How taking a word for a word can be problematic: Context-dependent linguistic markers of extraversion and neuroticism. *Journal of Methods and Measurement in the Social Sciences*, *3*, 30-50.

Mehl, M. R., **Robbins, M. L.**, & große Deters, F. (2012). Naturalistic observation of health-relevant social processes: The electronically activated recorder (EAR) methodology in psychosomatics. *Psychosomatic Medicine*, *74*, 410-417. DOI: 10.1097/PSY.0b013e3182545470.

Robbins, M. L., Focella, E. S., Kasle, S., Weihs, K. L., López, A. M., & Mehl, M. R., (2011). Naturalistically observed swearing, emotional support and depressive symptoms in women coping with illness. *Health Psychology*, *30*, 789-792. DOI: 10.1037/a0023431.

Robbins, M. L., Mehl, M. R., Holleran, S. E., & Kasle, S. (2011). Naturalistically observed sighing and depression in rheumatoid arthritis patients: A preliminary study. *Health Psychology*, *30*, 129-133. DOI: 10.1037/a0021558.

EDITED BOOKS

Sweeny, K., & **Robbins, M. L.** (Volume Eds.). (2021). *The Wiley Encyclopedia of Health Psychology: Volume II, The Social Bases of Health Behavior*. Hoboken, NJ: John Wiley & Sons, Inc.

BOOK CHAPTERS & ENCYCLOPEDIA ENTRIES (not peer-reviewed)

Robbins, M. L., *Wright, R. C., & *Karan, A. (2021). Everyday coping behaviors. In K. Sweeny & M. L. Robbins (Eds.). *The Wiley Encyclopedia of Health Psychology Volume II: Social Bases of Health Behavior* (pp. 141-147). Hoboken, NJ: John Wiley & Sons, Inc.

Sweeny, K. & Robbins, M. L. (2021). Preface volume 2: Social bases of health behavior. In K. Sweeny & M. L. Robbins (Eds.). *The Wiley Encyclopedia of Health Psychology Volume II: Social Bases of Health Behavior* (pp. xxxiii-xxxiv). Hoboken, NJ: John Wiley & Sons, Inc.

*German, K. T., & **Robbins, M. L.** (2018). Social interaction. In V. Zeigler-Hill & T. K. Shackelford (Eds.). *Encyclopedia of Personality and Individual Differences*.

Robbins, M. L., & Kubiak, T. (2014). Ecological momentary assessment in behavioral medicine research and practice. In D. I. Mostofsky (Ed.), *Handbook of Behavioral Medicine*. Chichester, West Sussex: John Wiley & Sons, Inc.

Mehl, M. R. & **Robbins, M. L.** (2012). Naturalistic observation sampling: The Electronically Activated Recorder (EAR). In M. R. Mehl & T. S. Conner (Eds.), *Handbook of Research Methods for Studying Daily Life*. New York, NY: Guilford Press.

OTHER WRITING

^Aguilar, M. E., *Beals, M. L., & **Robbins, M. L.** (2021). Beyond an OSN post: Looking at emotional valence and request of support/information. *UC Riverside Undergraduate Research Journal*, 15, 65-74.

^Andrade Channell, D., *Shin, L., & **Robbins, M. L.** (2019). Associations between the time of day of conversations and well-being. *UC Riverside Undergraduate Research Journal*, 13, 7-13.

Robbins, M. L. (2019). Me and We. *Psychology Today Blog*.
<https://www.psychologytoday.com/us/blog/me-and-we>

MANUSCRIPTS UNDER REVIEW

*Jonnalagadda, P., ^Lindsay, Z., & **Robbins, M. L.** (invited resubmission). Considering participants' comfort with naturalistic audio sampling methods.

*Martínez, M. A., & **Robbins, M. L.** (under review). The same-sex relationship paradox: High relationship quality and relationship dissolution.

SELECTED PROFESSIONAL PRESENTATIONS

Robbins, M. L., *Jonnalagadda, P., & ^Lindsay, Z. (2025, May). Examining participants' comfort with audio recording in naturalistic settings. Presentation at the semi-annual meeting of the Society for Ambulatory Assessment, Leuven, Belgium.

Robbins, M. L. (2024, July). Honing framework: Thriving among people in same-sex couples. Presentation at the annual meeting of the International Association for Relationships Research, Boston, MA.

*Martinez, M. A. & **Robbins, M. L.** (2024, February). Diverse couples' quality of social interaction and dyadic adjustment. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

*Spahr, C. M., & **Robbins, M. L.** (2024, February). Who talks to themselves out-loud? Perceived frequency, characteristics, and mental health correlates of out-loud self-talk. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

Robbins, M. L. (2024, February). Social and emotional well-being of same- and different-sex couples. Invited presentation at the Health pre-conference of the

- annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- *Spahr, C. M., & **Robbins, M. L.** (2023, April). Frequency of gossiping in romantic relationships: Associations with dyad gender and relationship quality. Paper presented at the annual meeting of the Western Psychological Association, Riverside, CA.
- *Jonnalagadda P. & **Robbins M. L.** (2023, April). Couple compositions: The association between race and satisfaction. Poster presented at the annual meeting of the Western Psychological Association, Riverside, CA.
- *Martinez, M. A. & **Robbins, M. L.** (2023, April). Effects of romantic partner interaction on dyadic adjustment across diverse couples. Poster presented at the annual meeting of the Western Psychological Association, Riverside, CA.
- Robbins, M. L.**, & *Karan, A. (2021, February). Who gossips and how in everyday life? Presentation at the annual meeting of the Society for Personality and Social Psychology, Online.
- Robbins, M. L.** (2020, October). Promoting well-being among couples and families during the pandemic. Presentation at the UCR Staff Assembly Lunch & Learn, Online.
- Robbins, M. L.**, & *Karan, A. (2019, June). A comparison of everyday word use among people in lesbian, gay, and heterosexual couples. Presentation at the semi-annual meeting of the Society for Ambulatory Assessment, Syracuse, NY.
- Robbins, M. L.**, & *Karan, A. (2019, June). Who gossips and how in everyday life. Presentation at the meeting of the UCR Citizens University Committee, Riverside, CA.
- *Wright, R. C., & **Robbins, M. L.** (2019, May). Pain disclosure in illness-specific online social networks led to greater support. Presentation at the meeting of the European Association of Social Psychology: Interpersonal Relationships and Tech, Annecy, France.
- Robbins, M. L.**, & *Karan, A. (2019, May). Using technology to examine relationship quality among same- and different-gender couples. Presentation at the meeting of the European Association of Social Psychology: Interpersonal Relationships and Tech, Annecy, France. (**Chair**, Symposium, "Multimethod Approaches to Relationship Science").
- Robbins, M. L.** (2019, May). Promoting well-being among cancer patients using conversation. Invited presentation at the UCR Office of Research Integrity's Seminar Series, Riverside, CA.

Robbins, M. L. (2019, February). Oxford-style debate: To contribute the most to health psychology, social/personality and health research should primarily target medically ill and high-risk population. Invited presentation at the Health pre-conference of the annual meeting of the Society for Personality and Social Psychology, Portland, OR.

Robbins, M. L., & *Karan, A. (2019, February). Daily alcohol use, affect, and stress among lesbian, gay, and heterosexual couples. Presentation at the Health pre-conference of the annual meeting of the Society for Personality and Social Psychology, Portland, OR.

*Karan, A., & **Robbins, M. L.** (2019, February). Social interactions are more positive for lesbian and gay than heterosexual couples. Presentation at the Close Relationships pre-conference of the annual meeting of the Society for Personality and Social Psychology, Portland, OR.

*Wright, R. C., Sweeny, K., & **Robbins, M. L.,** (2019, February). The potential risks of discussing pain with a patient at a preoperative visit. Poster presented at Health pre-conference of the annual meeting of the Society for Personality and Social Psychology, Portland, OR.

Robbins, M. L., Layous, K., & Milek, A. (2018, May). Daily Expression of Gratitude, Relationship Maintenance, and Relationship Satisfaction. Presentation at the annual meeting of the Association for Psychological Science, San Francisco, CA. (**Chair**, Symposium, “Positive Expressive Behavior in Everyday Social Interactions”).

*Wright, R. C., Sweeny, K., & **Robbins, M. L.,** (2018, April). Greater pain disclosure at preoperative visits predict lower self-reported pain at postoperative visits. Poster presented at the annual meeting of the Society for Behavioral Medicine, New Orleans, LA.

- *Meritorious Abstract Award*

Robbins, M. L. (2017, November). Observation of Social Exchanges in Real and Virtual Environments. Presentation at the inaugural meeting of the Pennebaker Advisees Language and Insights Summit, Austin, TX.

Robbins, M. L. (2017, June). The Landscape and Importance of Non-Cancer Conversations Among Couples Coping with Breast Cancer. Presentation at the semi-annual meeting of the Society for Ambulatory Assessment, Esch-sur-Alzette, Luxembourg.

*Karan, A., & **Robbins, M. L.** (2017, June). Using a Multimethod, Ambulatory Approach to Studying the Quality of Same- and Different-Sex Romantic Relationships. Presentation at the Dynamic Systems Modeling Workshop, a

- preconference to the semi-annual meeting of the Society for Ambulatory Assessment, Esch-sur-Alzette, Luxembourg. (**Co-Organizer** of the workshop).
- *Wright, R. C., & **Robbins, M. L.**, (2017, March). Naturally-occurring pain conversations within three clinical samples as an alternative measure to self-reported pain. Poster presented at the annual meeting of the Society for Behavioral Medicine, San Diego, CA.
- Robbins, M. L.** (2017, March). The EAR as a naturalistic observation measure of patients' social behavior. Presentation at the annual meeting of the American Psychosomatic Society, Seville, Spain. (**Chair**, Symposium, "Health-Relevant Social Environment Sampling Techniques").
- *Wright, R. C., *Rivas, R., Hristidis, V., & **Robbins, M. L.** (2017, March). Using Online Social Network Data to Investigate Pain Experiences. Presentation at the annual meeting of the American Psychosomatic Society, Seville, Spain.
- Robbins, M. L.** (2017, January). The Electronically Activated Recorder (EAR). Invited presentation at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- *Wright, R. C., & **Robbins, M. L.**, (2017). Investigating how pain is discussed in everyday conversations within three clinical samples. Presentation at the Health pre-conference of the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Robbins, M. L.**, *Karan, A., & *Wright, R. A. (2016, August). Everyday Social Interactions among Couples Coping with Breast Cancer. Presentation at the Dynamic Systems Modeling meeting, Aberdeen, Scotland.
- Robbins, M. L.** (2016, January). The Electronically Activated Recorder (EAR). Presentation at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- *Wright, R. C., Shahbazi, M., Hristidis, V., Esterling, K. M., & **Robbins, M. L.**, (2016, January). Observing social support in an online diabetes community. Poster presentation at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Robbins, M. L.**, & Mehl, M. R. (2015, August). Naturalistic observation of social processes: The EAR (Electronically Activated Recorder). Presentation at the annual meeting of the American Psychological Association, Toronto, Canada.
- Robbins, M. L.** (2015, June). The correlates and predictive validity of coping behaviors and strategies among couples coping with breast cancer. Presentation at the annual meeting of the Society for Ambulatory Assessment, State College, PA.

- Robbins, M. L., & Layous, K.** (2015, February). "Thanks!": Daily expression of gratitude predicts adjustment among couples coping with breast cancer. Presentation at the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Robbins, M. L., *Wright, R., *Shahbazi, M., Hristidis, V., & Esterling, K. M.** (2014, November). Management of diabetes through online social network use. Presentation at the inaugural Computational Social Interaction Workshop, Tucson, AZ.
- Robbins, M. L.** (2014, November). The little things in life: An observational perspective on everyday coping. Invited colloquium presentation at the University of California, Irvine.
- Robbins, M. L.** (2014, March). The little things in life: An observational perspective on everyday coping. Invited presentation at the weekly meeting of the Center for Behavior, Evolution, and Culture at the University of California, Los Angeles.
- Robbins, M. L.** (2014, March). Naturalistically-observed TV watching and disengagement among couples coping with breast cancer. Poster presented at the annual meeting of the American Psychosomatic Society, San Francisco, CA.
- Robbins, M. L.** (2014, February). Naturalistically-observed TV watching and disengagement among couples coping with breast cancer. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Robbins, M. L., Mehl, M. R., & Mason, A. E.** (2013, July). The little things in life: Using momentary naturalistic observation to capture everyday coping. Presentation at the annual meeting of the European Health Psychology Society, Bordeaux, France.
- Robbins, M. L., & Mehl, M. R.** (2013, March). Innovative real-world assessment of health-relevant social processes: The EAR and LIWC in psychosomatic medicine. Invited presentation and roundtable discussion at the annual meeting of the American Psychosomatic Society, Miami, FL.
- Robbins, M. L., Mehl, M. R., ^Smith, H. L., & Weihs, K. L.** (2013, January). Linguistic indicators of patient, couple, and family adjustment to breast cancer. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Robbins, M. L., & Mehl, M. R.** (2012, October). Naturalistic observation of social processes: The electronically activated recorder (EAR) method. Presentation at the annual meeting of the Society of Experimental Social Psychology, Austin, TX.

- Robbins, M. L., & Mehl, M. R.** (2012, April). The electronically activated recorder (EAR): Naturalistic observation of social interactions. Invited presentation at the Midday Meeting Session, *Tools and Measures from Social Psychology for Health Research* at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
- Robbins, M. L., Mehl, M. R., López, A. M., & Weihs, K. L.** (2012, March). The daily conversations of couples coping with breast cancer: With whom, about what, and links to adjustment. Poster presented at the annual meeting of the American Psychosomatic Society, Athens, Greece.
- Robbins, M. L., Mehl, M. R., Weihs, K. L., & López, A. M.** (2012, January). Emotional expression in the daily conversations of couples coping with breast cancer. Data blitz presentation at the Health pre-conference at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Robbins, M. L., Mehl, M. R., Weihs, K. L., & López, A. M.** (2011, December). The daily conversations of couples coping with breast cancer: With whom, about what, and links to adjustment. Presentation at the AZCC Cancer Control and Prevention Seminar.
- Robbins, M. L., Mehl, M. R., Focella, E. S., Kasle, S., López, A. M., & Weihs, K. L.** (2011, October). Naturalistically observed swearing, emotional support and depressive symptoms in women coping with illness. Presentation at the International Association for Relationship Research mini-conference, Tucson, AZ.
- Robbins, M. L., Mehl, M. R., Focella, E. S., Kasle, S., López, A. M., & Weihs, K. L.** (2011, June). Naturalistically observed swearing, emotional support and depressive symptoms in women coping with illness. Presentation at the semi-annual meeting of the Society for Ambulatory Assessment, Ann Arbor, MI.
- Robbins, M. L. & Mehl, M. R.** (2011, January). Naturalistic observation of the intrusion of cancer in the daily lives of couples coping with breast cancer. Presentation at the Health pre-conference of the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Robbins, M. L., Mehl, M. R., López, A. M., Weihs, K. L., & Kasle, S.** (2010, February). Laughing in the face of adversity: The role of laughter in the context of coping with breast cancer and rheumatoid arthritis. Presentation at the AZCC Cancer Control and Prevention meeting.
- Robbins, M. L., Mehl, M. R., & López, A. M.** (2010, January). The daily interactions of couples coping with breast cancer: How is naturalistically observed disclosure

related to psychological adjustment? Presentation at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

Robbins, M. L., Holleran, S. E., Mehl, M. R., Kasle, S. (2009). The sounds of depression: A naturalistic observation approach to predicting depression in rheumatoid arthritis patients. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.

Robbins, M. L., Chung, C. K., & Pennebaker, J. W. (2007). Expressive writing about different traumatic events. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Memphis, TN.

GRANT ACTIVITIES

Completed

- 2023 to 2024 Committee on Research of the Riverside Division of the Academic Senate Committee on Research Grant. *Wicked Stepmothers and Mike Brady: Examining the Perceptions and Expectations of Stepparents, and Their Influence on Stepchildren's Well-Being* (PI, \$5,000).
- 2018 to 2021 National Institutes of Health (R21, NIAMS). *Development and Preliminary Testing of Novel Virtual Human-Assisted Psychosocial Interviews for Patients with Chronic Musculoskeletal Pain* (Consultant, \$3,000).
- 2019 to 2021 National Institutes of Health (R03, NIMH). *A Window into Schizophrenia: Evaluating Social Dysfunction Using Real-World Audio Recordings* (Consultant, \$4,538).
- 2018 Faculty mentor for UCR Healthy Campus Initiative Project Grant (\$1,500), Robert Wright
- 2017 to 2018 American Psychological Foundation. *Targeting Social Impairment in Serious Mental Illness by Linking Portable Technology with Therapy* (Consultant, \$2,506).
- 2016 to 2017 University of California Intercampus Consortium on Health Psychology. *Identifying markers of resilience during the wait for breast diagnosis* (Co-Investigator, \$5,000).
- 2016 to 2017 Committee on Research from the University of California, Santa Cruz. *Observing the daily cultural environments of working-class college students* (Consultant, \$8,000).
- 2015 to 2017 UC Riverside Regents Faculty Development Fellowship Recipient. *Everyday Cancer Prevention through Real-Time Analysis of the Social*

and Health behaviors of Same- and Opposite-Sex Couples (PI, \$6,000).

TEACHING

- 2020 to present Associate Professor at the University of California, Riverside
Relationships and Health Graduate Seminar (PSYC 255)
Intro. to Psychological Research Methods (PSYC 12)
Research Methods in Social and Personality Psychology (PSYC 227)
Health & Well-Being Proseminar (PSYC 286F)
- 2013 to 2020 Assistant Professor at the University of California, Riverside
Health Psychology (PSYC 178)
Health and Behavior Change (PSYC 179)
Relationships and Health Undergraduate Seminar (PSYC 148)
- 2008, 2009, 2013 Instructor at the University of Arizona (Courses: Psychology of Happiness, Social Psychology)
- 2008 to 2009 Teaching Assistant at the University of Arizona (Courses: Introduction to Psychology, Psychology of Human Sexuality, Personality Psychology)

MENTORING/ADVISING

- 2025 to present Primary advisor for graduate student, Dylan Jong
- 2022 to present Primary advisor for graduate student, Anais Martinez
- 2019 to 2025 Primary advisor for graduate students, Chandler Spahr and Pavani Jonnalagadda
- 2018 to 2020 Primary advisor for Monica Beals
- 2014 to 2019 Primary advisor for two graduate students, Alexander Karan and Robert Wright
- 2016 to 2018 Co-advisor for National Science Foundation Graduate Research Fellow, Komi German
- 2014 Faculty mentor for Chancellor's Research Fellowship (\$5,000), Matthew Leitao
- 2014 to present Primary advisor for at least 1 honors student each year

2013 to present	Primary advisor for 10-30 undergraduate research assistants each quarter
2012	Advisor for Undergraduate Research Fellowship (\$1,500), Victoria Bryant
2011 to 2012	Graduate student mentor for Honors Thesis Project, Marisha Mets
2011 to 2012	Advisor for Undergraduate Research Fellowship (\$1,500) and Honors Thesis project, Kristen Ash
2010 to 2011	Advisor for Undergraduate Research Fellowship (\$1,500), Adam Norrish
2009 to 2010	Advisor for Undergraduate Research Fellowship (\$1,500), Zach Smith
2008 to 2009	Graduate student mentor for Honors Thesis Project, Allison Lake

PROFESSIONAL SERVICE

2024	Chair of the Customizable Grad Curriculum Proposal Committee, Psychology Department, UCR
2021 to present	Chair of the Diversity, Equity, and Inclusion Committee, Psychology Department, UCR
2017 to present	Member of the UCR Social/Behavioral IRB Committee
2022 to 2025	Member of the Committee on Privilege & Tenure, UCR Senate
2022 to 2023	Affirmative Action Officer, Teaching Faculty Search Committee
2021	Lectured for Health and Well-Being Proseminar, UCR
2020 to 2023	Social/Personality Area Head, Psychology Department, UCR
2020 to 2021	Lectured for UCR School of Medicine Healthcare Leadership Program
2020	Mentoring lunch on navigating grad school, SPSP annual meeting
2020	LiveKind panelist, UCR
2020	CHASS Junior Faculty Workshop panelist, UCR
2019 to 2023	Member of the Faculty Welfare Committee, UCR
2019 to 2023	Member of the Council on Undergraduate Research Committee, UCR
2019 to 2023	Chair of the Society for Ambulatory Assessment Website and Social Media Committee
2018 to 2022	Secretary for the Social, Personality, and Health Network Executive Committee
2017 to 2022	Member of the Executive Committee, Society for Ambulatory Assessment
2017	Affirmative Action Officer, Social/Personality Faculty Search Committee

- 2014 to 2017 Co-Organizer of the Social, Personality, and Health Network virtual brownbag series
- 2014 to 2017 Guardian Scholar mentor to two undergraduate students
- 2014 to 2017 Member of the Educational Software Committee at UCR
- 2014 to present Grant reviewer for NSF, Graduate Women in Science, Wayne State University, Czech Science Foundation, University of Leuven, Belgium
- 2012 to present Ad hoc reviewer for empirical journals, including *Social Psychological and Personality Science*, *Emotion*, *Personal Relationships*, *Psycho-Oncology*, *Psychosomatic Medicine*, *Health Psychology*, *Journal of Social and Personal Relationships*, *Frontiers Psychology*, *Journal of Family Psychology*, *Behavior Research Methods*, *Personality and Social Psychology Bulletin*, *Annals of Behavioral Medicine*, *Journal of Health Psychology*, *Journal of Personality Research*
- 2015 to 2017 Member of the Undergraduate Research Journal Committee
- 2015 to 2017 Member of the Undergraduate Education Committee
- 2013 to 2016 Library Liaison for the Department of Psychology
- 2014 to 2022 Invited mentor at the annual Social, Personality, and Health Network Pre-Conference Meetings
- 2014 Conducted job market advice workshops for UCR Psychology Graduate Students and the Social, Personality, and Health Network webinar (invited)
- 2014 Conducted a graduate school workshop for the Academic Resource Center at UCR (invited)
- 2014 Grant/Fellowship reviewer for NSF and USDA
- 2011 to 2013 Member of the Graduate Student/Postdoctoral Advisory Board for the Social, Personality, and Health Network
- 2011 to 2012 Arizona Assurance Mentor to 2 freshman first-generation college students
- 2011 Volunteer for MISS Adventures camp (Math & Science camp for underserved middle school girls)
- 2010 to 2011 Arizona Assurance Mentor to 3 freshman first-generation college students
- 2008 to 2010 Served as a graduate student member of the Psychology Colloquium Committee at The University of Arizona
- 2007 to 2011 Served on annual graduate student panel for Graduate Preparation course at The University of Arizona

DIVERSITY, EQUITY, AND INCLUSION TRAINING

- 2022 Social justice mediation training (40 hours)
- 2024 Critical race theory mentoring training (21 hours)

SELECTED MEDIA COVERAGE

Gossip

The couple that gossips together, stays together

<https://www.oprahdaily.com/life/relationships-love/a65909866/gossiping-relationship-happiness-study/>

Study busts gossip myths

BBC World News “Newsday,” live television interview, June 2, 2019

We gossip about 52 minutes a day. That may not be as toxic as it sounds.

<https://www.npr.org/sections/health-shots/2019/05/13/722141820/we-gossip-about-52-minutes-a-day-that-may-not-be-as-toxic-as-it-sounds>

New research says people gossip for 52 minutes per day

<https://www.abc.net.au/radionational/programs/drive/new-research-says-people-gossip-for-52-minutes-per-day/11116926>

Personal Pronouns & Couples

How irritating that smug couples have stumbled on the secret of a perfect relationship

<https://www.theguardian.com/commentisfree/2018/oct/14/how-irritating-that-smug-couples-have-stumbled-on-the-secret-of-a-perfect-relationship>

Couples’ most annoying habit is the sign of a happy relationship

<https://nypost.com/2018/10/11/couples-most-annoying-habit-is-the-sign-of-a-happy-relationship/>

The Electronically Activated Recorder (EAR)

What searchable speech will do to you

<http://nautil.us/issue/28/2050/what-searchable-speech-will-do-to-you>

Cancer & Conversation

Improve your mood after a cancer diagnosis. How? Work with your partner to change your conversation.

<https://www.psychologytoday.com/us/blog/all-is-well/201807/improve-your-mood-after-cancer-diagnosis>

Relationship strength can be measured by your words, study finds

<https://www.studyfinds.org/relationship-marriage-words-spouse/>

Silver Linings

Our partners can help us find silver linings

<https://psychcentral.com/news/2019/02/24/our-partners-can-help-us-find-silver-linings/143145.html>